



**“TRAIN THE TRAINER PROGRAMMES”
DEVELOPING A BENCHMARK FOR EXCELLENCE FOR
OUTDOOR EDUCATION TEACHERS AND TRAINERS**

Sunrise Bushcraft has developed a bespoke two day course designed for outdoor education professionals to enhance their existing skills and provide them with additional valuable skills in bushcraft, woodland living, wilderness survival and forest skills. Developed by our professionally qualified instructors, themselves outdoor education professionals, the course will equip you or your teaching staff with additional skills ensuring professionalism, competency and a new depth of knowledge you will be able to convey to your students and clients.

Sunrise Bushcraft's instructors possess a wealth of experience and knowledge full details of which you will find on the school's website www.sunrisebushcraft.com We are the only UK Bushcraft School to be Approved Activity Providers for the Duke of Edinburgh Award, Licensed to offer the NCFE Level 2 professional qualification in bushcraft as well as offering the John Muir Award for Conservation. In addition we are approved external services providers for Hampshire County Council and work closely with local schools and colleges. We are delighted to be external lecturers for Brockenhurst College Adult Education delivering a range of courses through the college.

We have been featured nationally through our work with the BBC in both television and radio and are delighted to be involved in delivering social programmes for disadvantaged families.

THE COURSE



The course runs for two days from a Saturday morning arrival at 9.30am through to a Sunday departure at 5pm. During this time we will look at a variety of subjects and how these can be included in your existing sessions in order to address a broad spectrum of outdoor educational needs within nature based learning.



On completion of the course attendees may choose to return to attend one of our other courses including our NCFE Level 2 professional qualification in bushcraft. Alternatively it will equip them with the skills to complete the Institute for Outdoor Learning's Foundational Bushcraft Competency Award.

Ideally students will have some prior knowledge of outdoor instruction and bushcraft skills and a reasonable level of fitness. The course includes all hot and cold drinks and a group cooked wild food and game (incl fish) meal on the Saturday night cooked in a traditional Maori Hangi.

Attendees will have the opportunity to camp on site in tents or hammocks, or in the natural shelters built on the course!

THE TWO DAY INTENSIVE PROGRAMME WILL COVER THE FOLLOWING:

Fire – 6 methods of making fire including fire by friction and fire lays

Natural and man-made shelters including all safety aspects

Safe use of cutting tools and current UK knife law

Useful plant and tree ID and current UK countryside law

Wild food and medicine

Water finding, filtering and purification

Lesson planning and delivery

Site specific and generic risk assessment

Natural materials and craft work such as cordage

Camp hygiene

Tracking and animal sign

Camp cooking

The cost of the two day course is £195 per person incl all necessary equipment and food and drink as described. It also includes certification of attendance and a 10% discount on any further course.

Places are currently available on the following dates:

26th – 27th June

25th – 26th September

Please send in the attached booking form together with deposit to

Sunrise Bushcraft

Jasmine House, 4 Kings Road, New Milton, Hants. BH25 5AY

Please make cheques payable to Sunrise Bushcraft

www.sunrisebushcraft.com info@sunrisebushcraft.com

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